



# EAGLE PARK SCHOOL NEWSLETTER 62

Friday 28th March 2025

## Spring Term 2025

Dear Parents, Carers and Students,

Firstly, I would like to wish all of the mothers a very happy Mother's Day. I hope that you have a wonderful day on Sunday. At school we get to see how amazing all of the Eagle Park mothers are and how much you give to your children every day.

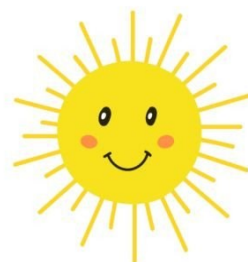
Next week we are celebrating World Autism Day. On Wednesday we are asking all the students and staff to come into school wearing a colour of the rainbow and our assemblies will be based around this too.

We have our annual art exhibition planned for the Summer Term and we will also have a book fair and an enterprise fair, as well as our Sport Day.

We wish you all a very happy weekend!

Margaret Carey

Headteacher



Term start date:	Monday 6th January 2025
Term Ends:	Friday 4th April 2025
Half Term:	Monday 17th February to 21st February 2025
Easter Break starts:	Monday 7th April 2025
Easter Break Ends:	Monday 21st April 2025

# Class News

## Crane Class



What an amazing week the Cranes have had! In art we prepared some special cards for our mums and they have been sent home today, we want them to know how wonderful they are! We also tried out our artistic skills in OT where we painted bread with food dyes and used the bread as paint brushes, it was fabulously messy! On the subject of food, we learned about what owls eat in science this week and how the owl hooting is a sign that it is about to go hunting. We did some hunting role play too with our owl puppets and some little mice. In gardening we continued observing our flowers - although the crocuses have all died now - and we planted some potatoes. We're going to have to be very patient before we see any results! We've also been doing lots of writing practice in English too, although we're still finding it tricky to hold pencils in the right way. Well done on another excellent week, Cranes!





# Class News

## Robin Class



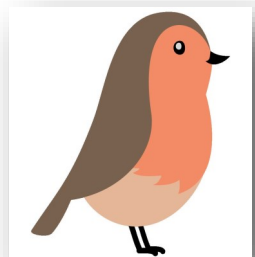
Well done, Robin Class, for another exciting week of learning!

**Humanities:** This week, we explored World War II and the different types of shelters used for protection during air raids. Robin Class learned about Anderson shelters, placed in back gardens and covered with soil and metal, Morrison shelters, made of steel and mesh used indoors, and how the London Underground provided safety for many. They also listened to air raid sirens, learned about Sir Winston Churchill, and discussed the impact of the Blitz.

**Mother's Day:** Our students got creative, making beautiful cards using various materials in preparation for Mother's Day.

**English:** We continued developing comprehension skills by delving into Chapter 3, working on story maps to identify key characters, settings, problems, and solutions.

**Maths:** Robin Class practised subtracting 2 and 3-digit numbers using anchor charts, with many mastering the skill and others making great progress.



*Change is the end result of all true learning – Leo Buscaglia*

# Class News

## Dove Class



This week in Dove class started off on a very fun note with our PE lesson at Gunnersbury Triangle! The students tried out circuits, playing with different types of sports balls and games to improve their skills.

In Literacy, the students have been continuing their sentence building and handwriting, formulating sentences verbally and writing them down.

In maths, the students have also been continuing their work with 'O'clock', using daily timetables to help their understanding of time.

The students' work with the OT and SALT was very impressive this week and they sat with great focus and listening ears. In SALT the students collaborated to make a lava lamp experiment and in OT Dove class worked on their motor skills and colour matching.

The most fun part of this week was probably during Arts and crafts, where the students made their Mother's Day cards and bracelets. All the students really enjoyed colouring the cards and threading the beads onto the pipe cleaner.



# Class News

## Goldfinch Class



Goldfinch had a lot of outdoor time this week including grocery shopping. Class went to Sainsbury's and learned how to navigate the store, practice reading labels and reading the list, organizing the cart while shopping and paying using the counters. In Maths, we are learning how to read a thermometer. Understanding temperature can help us in everyday life.

In Science, we have been learning about Monarch Butterflies, life cycle and how they migrate from one place to another.

In food tech, we made a delicious Banana Boat Puff Pastry. A quick and easy dessert idea perfect for a special treat

Mother's Day is just around the corner, and to help our class express their love and appreciation, we have made a beautiful Mother's Day card and a colourful bouquet of paper.

Spring is in the air, we have a more perfect opportunity to get outside and enjoy the fresh air.

We all enjoyed playing games with each other and making meaningful conversations and interactions. What a fun week!



# Class News

## Phoenix Class



On Monday, Phoenix Class had a visit from PC Robinson to talk about online safety and how to stay safe online. He will also be returning next week to continue the session.

In Art, the students did beautiful observational drawings of portobello mushrooms in Art. They looked carefully at the shape of the mushrooms and the tiny individual lines for the gills.

In Food Technology, the students made delicious beef lasagne from scratch which was a great success! They made their own béchamel sauce and fried off the onions and beef before adding the passata.

In Maths, we have been looking at time, recapping analogue and digital time as well as how to read a calendar and facts about, hours, days, weeks and years.

In English, we have been focusing on extending sentences and using a range of appropriate conjunctions.

In Computing, we have enjoyed block coding our new micro: bits. This week we programmed the micro: bit hamster 'Cyrus' to wake up, show an emotion and then go back to sleep. We also turned our micro: bits into dice so that when we shook them they gave a random number from 1-6.



# EAGLE PARK SCHOOL NEWSLETTER



Students are nominated weekly for a class award.

**This week's EPS Eagle  
Class Award goes to:**



**Crane:** Hafsa

“For making new friends in the playground”

**Robin:** Hugo

“For his outstanding effort and newfound confidence at school.”

**Dove:** Anas

“For his 'great work on Friendly and Unfriendly behaviours in PSHE.”

**Goldfinch:** Micah

“For being a good example in the classroom in following directions.”

**Phoenix:** Lilly-Mai

“For her positive and mature attitude this week.”



# EAGLE PARK SCHOOL NEWSLETTER

## Eager Eagles Reading Time

A new flexible approach for the whole school. Each class will be reading books each day, at the same time, helping to create a shared sense of focus and enthusiasm for reading and books.

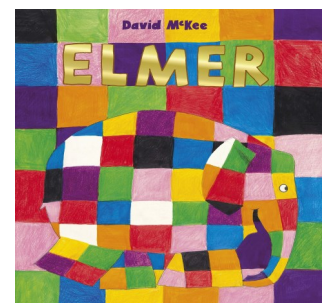
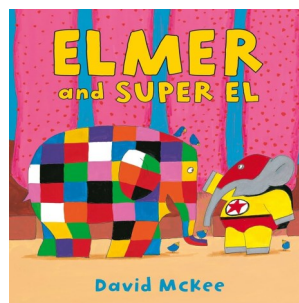
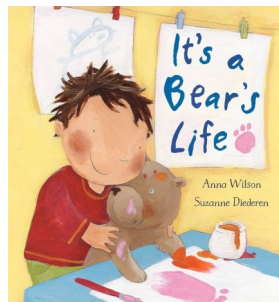
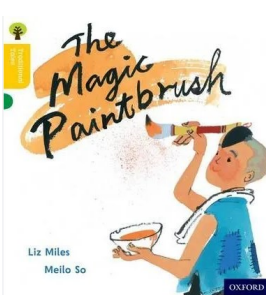
### Goldfinch Class

The Magic Paintbrush by Liz Miles and Meilo So

It's a Bear's Life by Anna Wilson and Suzanne Diederer

Elmer and Super El by David McKee

Elmer by DAVID McKee



### Crane Class

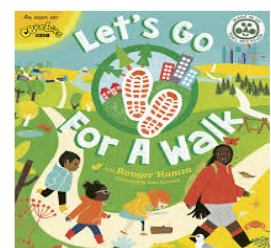
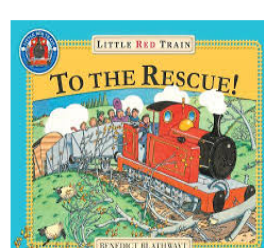
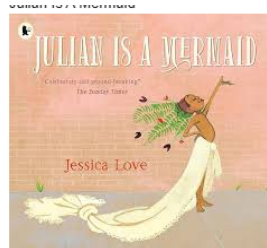
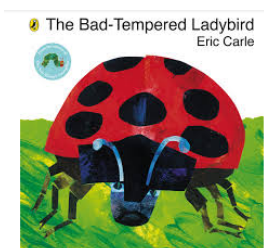
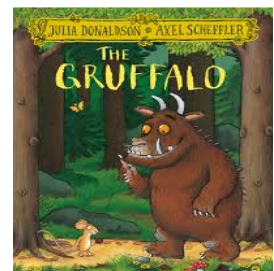
The Bad Tempered Ladybird - Eric Carle

Julian is a Mermaid - Jessica Love

To The Rescue! - Benedict Blathwayte

Let's Go For A Walk (with Ranger Hamza) - BBC book

The Gruffalo - Julia Donaldson and Axel Scheffler





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A new flexible approach for the whole school. Each class will be reading books each day, at the same time, helping to create a shared sense of focus and enthusiasm for reading and books.

### Robin Class

Six Dinner Sid by Inga Moore

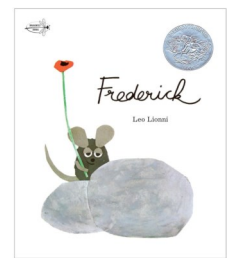
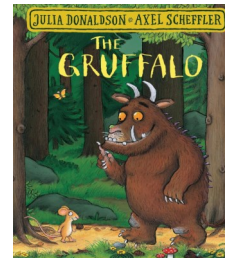
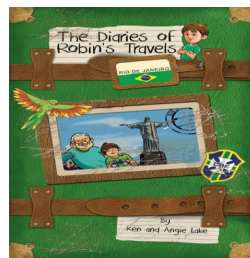
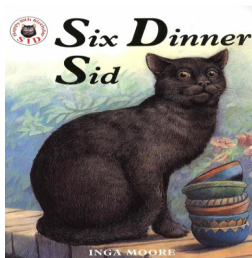
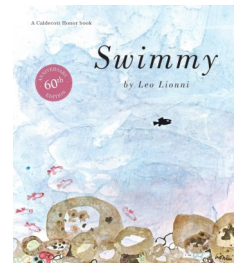
The Three Little Wolves and the Big Bad Pig by Eugene Trivizas and Helen Oxenbury

The Diaries of Robin's Travels by Ken and Angie Lake

The Gruffalo by Julia Donaldson and AXEL Scheffler

Swimmy by Leo Lionni

Frederick by Leo Lionni



### Dove Class

Frederick by Leo Lionni

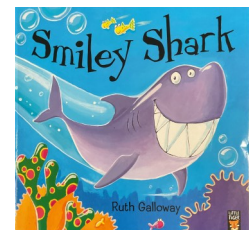
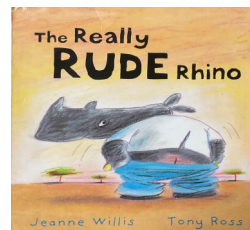
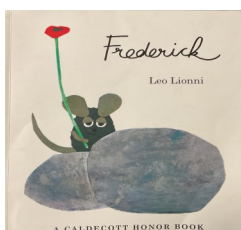
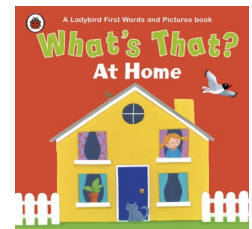
The Return of the Jabberwock by Lewis Carroll

Goodnight Toucan by Joanne Partis

The Really Rude Rhino by Jeanne Willis

Smiley Shark by Ruth Galloway

What's That? At Home by Rains Brothers



# EAGLE PARK SCHOOL NEWSLETTER

EPS has chosen to wear any colour clothing for Autism Awareness Day on Wednesday 2nd April. By wearing any colour clothing raises awareness about autistic Individuals throughout the world.



Phoenix Class had a School Visit PC Phil Robinson from Metropolitan Police Station West Area Feltham to discuss the importance of Internet Safety.



## RED NOSE DAY



Thank you to all Students, Teachers and TA'S who wore something red/silly for Comic Relief day we raised £15-well done!

Happy Eid Mubarak to all those who are celebrating.





# EAGLE PARK SCHOOL NEWSLETTER

## ***THERAPY PAGE***



## **Autism Awareness Day** **(2<sup>nd</sup> April 2025)**

**In preparation for Autism Awareness Day, we are sharing a few resources including:**

- **'What is Autism'** handout with **top tips** to support autistic children and young people (please see the next page).
- Information on **fundraising events** that are happening for World Awareness Acceptance Month (<https://waam.autism.org.uk/>):
  - **5k walk** at home, in school or on holiday!
  - **Spectrum Colour Walk** at Battersea Park (5<sup>th</sup> April 2025)
- The **National Autistic Society** website (<https://www.autism.org.uk/>) which provides lots of **useful information, advice and guidance** on various topics including employment, education and transitions, leisure activities etc.

**Eagle Park School will be celebrating the day by wearing **rainbow colours** next Wednesday. We look forward to seeing everyone dressed up!**



# EAGLE PARK SCHOOL NEWSLETTER

## THERAPY PAGE

### What is Autism?

Autism is a neurodevelopmental difference. Autistic individuals are neurodivergent, meaning they have a different way of thinking, learning and processing information.

There are 2 key areas of difference in Autistic individuals:

- Social Communication and Interaction
- Interests, routines and sensory processing

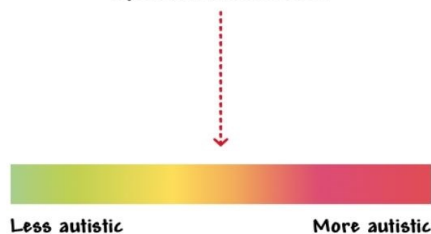


### What is the Spectrum?

Autism is a spectrum which means that each autistic individual has strengths and challenges in different areas, including their language, motor skills, sensory processing, executive functions, perception and more. It does NOT mean that there is a linear spectrum in terms of severity. A person cannot be "a little bit" or "very" autistic. Instead, it is much more helpful to find out each individual's strengths and challenges in different areas.

Embracing a different way of thinking allows us to recognise and appreciate the unique strengths, perspectives and challenges that each individual brings.

What people think the autism spectrum looks like:



What it can actually look like:





# EAGLE PARK SCHOOL NEWSLETTER

## THERAPY PAGE

### Diagnosis

In the UK, a formal diagnosis of Autism is made by a diagnostic team made up of different health professionals. The professionals may use different diagnostic tools, but they are required to follow set guidelines. In order to obtain a diagnosis of Autism the individual must meet the diagnostic criteria in a diagnostic manual (DSM-5 and ICD- 10) Following the assessment, a diagnostic report informs of the outcome.

### What if I think my child or a child I work with may be autistic?

Speak to the Special Educational Needs Coordinator (SENCO) or Inclusion Manager at school. They are the right professional to gather more information and to request assessments by relevant professionals such as Speech and Language therapists, Occupational Therapists or Educational Psychologists.



### TOP TIPS

#### If you are a professional working with an autistic person:

- 1 Listen to them and find out about their strengths, interests, perspectives and passions.
- 2 Set meaningful goals with the student that are specific to them
- 3 Learn from them, understanding that because autistic individuals experience the world and think differently, they may offer a unique and different perspective and new ideas.

#### If you are a parent of an autistic child or teenager:

- 1 Connect with your child through following their lead and engaging with their interests.
- 2 Encourage them to develop their strengths and interests.
- 3 Considering the barriers they may face accessing education or social situations, how can you support them to self-advocate for their differences?

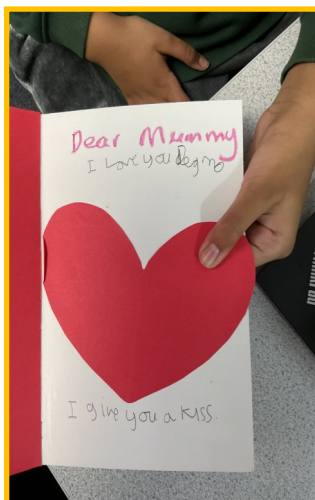
# EAGLE PARK SCHOOL NEWSLETTER



## Happy Mothers Day



Mothers Day cards from our student's. Wishing all Mothers a Happy Mothers Day.





# EAGLE PARK SCHOOL

## Parent Liaison News

### Ealing Council



**Spring 2025**  
**Youth Holiday Activities and Food (HAF) Programme**

FOR ELIGIBLE YOUNG PEOPLE \*. FUNDED BY THE DEPARTMENT FOR EDUCATION (DfE).

Looking for something fun to do in the Spring Holiday?

Why not check out what the Youth HAF programme has to offer!

**The Spring HAF runs**  
**7 to 11 and 14 to 17 April 2025**

\* IN RECEIPT OF BENEFITS RELATED FREE SCHOOL MEALS.

 [www.ealing.gov.uk](http://www.ealing.gov.uk)

 [www.ealinglocaloffer.org.uk](http://www.ealinglocaloffer.org.uk)

 Department for Education



For more information on Youth Holiday Activities and food Programme please click on this link and sign up for Youth HAF has to offer below:

[www.ealinghaf.org.uk](http://www.ealinghaf.org.uk)

<https://>

[ealingcoun-](https://ealingcoun-)

[cil.coordinate.cloud.](https://ealingcoun-cil.coordinate.cloud)

Ealing Borough has now published a full list of activities available for the Easter holidays .

Four of the activities are "Sold Out" already and others are showing as having "Availability - Limited" so it is best to book as soon as possible.

There was still an extensive offering available at the time of writing, from Archery to Urban Farms!



**GET ACTIVE** try new sports and activities, get fit, and be healthy.

**GET CREATIVE** have a go at activities such as performing arts, cooking or crafts.

**GET SOCIAL** have fun, meet new people, or connect with friends.

To find out more or book your place, please visit [www.ealinghaf.org.uk](http://www.ealinghaf.org.uk)  
You will need your HAF/FSM Code to book.  
Parents/carers will receive an email by 7 March 2025.

**Bookings open**  
**Wednesday**  
**12 March 2025**

Contact: [HAF@ealing.gov.uk](mailto:HAF@ealing.gov.uk)  
or call **020 8825 6331/8943**  
(lines open 9am -1pm)

 Follow Ealing HAF on Facebook

# EAGLE PARK SCHOOL NEWSLETTER

## London borough of Hammersmith and Fulham

Activity programme of Spring food and fun for children and young people between 5th – 21st April. Please click on the link to access the Brochure:

<https://www.yumpu.com/en/document/read/70210909/spring-spectacular-2025>



Activity programme of spring food and fun  
for children and young people 5 - 21 April



[www.lbhf.gov.uk/  
springspectacular](https://www.lbhf.gov.uk/springspectacular)



Noise Academy are running free DJ and Beatboxing workshops during the school holidays, this will probably be extremely popular, so book early to avoid disappointment. You can book through the Plinth platform at [https://book.plinth.org.uk/calendar/5ZdOKXUTLe8PtJqQUJLC?filter={%22orgIds%22:\[%22EsSOM4RRmXgsTj9dAKuT%22\]}](https://book.plinth.org.uk/calendar/5ZdOKXUTLe8PtJqQUJLC?filter={%22orgIds%22:[%22EsSOM4RRmXgsTj9dAKuT%22]}). This workshop is considered to be suitable for children with autism and SEND. For those children who attend the Stephen Wiltshire Centre there is a closed session and another 2 dates available at the Tudor Rose Centre.



# EAGLE PARK SCHOOL

## Parent Liaison News

### London borough of Hammersmith and Fulham

Dear Parents and Carers,

DanceWest are thrilled to announce that our **FREE** Easter Holiday Club is now open for booking. This Easter break, DanceWest invites disabled and/or neurodivergent children ages 5 - 10 and 11 - 17 to take part in 2 sets of three day of FREE dance workshops led by a team of qualified DBS checked DanceWest teachers.

Our inclusive and accessible workshops are designed **exclusively disabled and/or neurodivergent** for children aged 5-10 and 11 - 17 years, and in receipt of universal credit.

To secure your child's place, simply click on the link below to complete our booking form: [DanceWest SEND Easter Holiday Club](#)

**Where:** DanceWest Studio, Sands End Arts & Community Centre, Peterborough Road, London SW6 3EZ

**AND**

Lyric Hammersmith, Lyric Square, Hammersmith, London W6 0QL

**Time:** 9:45 AM - 2:00 PM

**Dates:** Monday 7th April - Saturday 12th April 2025

**Price:** FREE. We provide the children with breakfast snacks on arrival, a packed lunch and a sweet treat at the end of the day.

**More info:** 07494513079 [info@dancewest.co.uk](mailto:info@dancewest.co.uk) or [Spring SEND Half-Term Holiday Club — DanceWest](#) Please do not hesitate to reach out to us if you have any questions.

We look forward to welcoming your child at our Holiday Club this April!

[www.dancewest.co.uk](http://www.dancewest.co.uk)

DANCEWEST.

   **EASTER HOLIDAY CLUB**   



**FREE!**

	Mon 7th - Weds 9th April	Thurs 10th - Sat 12th April
<b>DanceWest Studio,</b> Peterborough Rd, SW6 3EZ	<b>5 - 10 years</b>	<b>11 - 17 years</b>
<b>Lyric Hammersmith,</b> King St, W6 0QL	<b>11 - 17 years</b>	<b>5 - 10 years</b>



**Please note that this club is for disabled and neurodiverse children and young people**

**DANCEWEST.**  
Peterborough Road, London, SW6 3EZ  
email: [info@dancewest.co.uk](mailto:info@dancewest.co.uk)  
phone: 07494513079  
Registered charity no:1179424 / Registered company no: 10991191

Take part in our exciting dance workshops led by the award winning team from DanceWest. Try Street dance, Contemporary, Hip-Hop and much more! For children with special educational needs and disabilities. We provide breakfast snacks, a packed lunch and refreshments.

Scan to find out more and book!



Proud to be funded by   

# EAGLE PARK SCHOOL

## Parent Liaison News

### London borough of Hounslow

For more information

Please see Short breaks website

<https://www.hounslow.gov.uk/shortbreaks>

The Link will take you to a programme of activities taking place over the Easter holiday's.





# EAGLE PARK SCHOOL

## Parent Liaison News

### London borough of Hounslow and Ealing

For more information  
Please see Gunnersbury Park Website for full details on how to  
book your FREE tickets.  
[www.visitgunnersbury.org](http://www.visitgunnersbury.org)



### RELAXED DAY

Monday 7th April 2025 10.30am—2.30pm

'Relaxed Days' are designed for neurodivergent children, or those with disabilities of any kind. Siblings, friends, family and carers are welcome to join in the fun.

Take a trail through the galleries (with mini-Easter Egg reward)  
Go 'Time travelling' in the Historic Kitchens for sensory activities  
Get creative at the junk box modelling station  
Enjoy dressing up in our Fashion Gallery  
Make some music in the Leisure Gallery

**Tickets FREE, but book in advance via the website.**

Gunnersbury Park & Museum, Pope 's Lane, W5 4NH  
0203 961 0280 [www.visitgunnersbury.org](http://www.visitgunnersbury.org)



# EAGLE PARK SCHOOL NEWSLETTER

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [nationalonlinesafety.com](https://nationalonlinesafety.com) for further guides, hints and tips for adults.

## What Schools Need to Know about THE ONLINE SAFETY ACT

The Online Safety Act was passed into UK law in October 2023, with the aim of establishing major new layers of protection for children when they're online. The government has pledged "a zero-tolerance approach to protecting children from online harm" – and the act certainly includes more powerful legislation which should help to safeguard young people in the digital world. Our guide summarises the key points for schools...

### WHAT THE ACT WILL DO

#### HARMFUL CONTENT

Social media sites must rapidly remove illegal and/or harmful content such as bullying or harassing comments; pornography; and content that supports extremist activity or encourages or depicts violence, suicide, self-harm or eating disorders. If they fail to do so, they can be fined up to 10% of their global revenue while their executives may even face jail time.

#### ANIMAL CRUELTY

Content featuring cruelty to animals is now prohibited, even if it originates from abroad (where the law may be different). Again, it is the platform's responsibility to remove this.

#### MORE TRANSPARENCY

Sites must be transparent about the hazards that any children using them could encounter – by publishing risk assessments for their platforms, for instance.

#### HOSTING MISLEADING ADVERTS

Scams and fraudulent adverts must be blocked or removed, or the hosting companies are liable to be fined.

#### NON-CONSENSUAL SHARING

It's now easier to convict online abusers or people who share intimate images without consent, while legislation on the criminality of deepfakes has been clarified. The new laws also relate to any individuals who even threaten to share such images. This should help to protect women and girls in particular online.

#### REPORTING AND FILTERING

Sites should have easy reporting mechanisms for children (or their parents and carers) to flag up problems quickly. They must also provide options to filter out unwanted content.

#### AGE-RESTRICTED MATERIAL

Sites must prevent children from accessing age-inappropriate material. This includes enforcing age limits and implementing robust age verification.

## What this means for you

The act has some specific implications for schools: it's essential that leaders understand the new legislation's scope and limitations. The act is certainly a positive step, but as artificial intelligence and other advances in tech continue to produce new challenges, schools will still need to remain extremely vigilant.

#### KNOW WHERE TO GET HELP

Look out for the Code of Conduct that Ofcom is creating in response to the Online Safety Act. Note that the new legislation doesn't mean an instant change: many of its elements will only come into force at the end of 2023. An Ofcom consultation on 'protecting people from illegal harms online' will be running until February 2024.

#### REMEMBER THE ESSENTIALS

Remain mindful of your organisation's own online activities: the legal duty for schools to maintain appropriate software monitoring and filtering, for example, will not change.

#### WATCH FOR FUTURE DEVELOPMENTS

There are some issues on which the legislation remains less clear for now: whether it's possible for Ofcom to scan encrypted private messages (such as on WhatsApp) has yet to be resolved, for instance – making this an area where, for the moment, young people have less legal protection.

#### UNDERSTAND AND EXPLAIN

Staff should learn how to raise concerns with tech companies whose platforms contain anything upsetting or unpleasant. Students also need to be made aware of the newly strengthened laws relating to cyber-bullying, sexting or posting inappropriate content. Young people *do* make mistakes online – so the clearer their understanding of the possible consequences, the better.

#### ENGAGE WITH PARENTS

Schools should also explain to parents and carers the new possibilities that the Online Safety Act affords them in terms of protecting their children. Many parents may have previously felt that there was little they could do about changing online platforms' content; they now have a far greater level of support when complaining about a company or the behaviour of an individual.

#### Meet Our Expert

Luke Ramsden is Senior Deputy Headmaster and Director of Safeguarding for the St Benedict's family of schools. He is a regular speaker at conferences and writes in the TES (among other journals) on school leadership, pastoral care and safeguarding. In 2022, he was named Pastoral Leader of the Year at the National Awards for Pastoral Care in Education.



National  
Online  
Safety®

#WakeUpWednesday



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



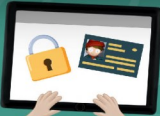
@national\_online\_safety

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# EAGLE PARK SCHOOL NEWSLETTER

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.



Personal data is a strange commodity. Cyber thieves can buy huge quantities of personal data on the black market for very little, yet your own personal data is hugely valuable to you. If your personal data falls into the wrong hands, it could lead to identity theft, bank fraud or something even more sinister such as stalking. The severity of that threat is multiplied when it comes to the personal data of children, when threats such as internet grooming begin to emerge. The bad news is that children aren't always great at safeguarding sensitive information, which is why they need parents' help and guidance. That's why we've created this guide to show you how you can protect your own and your family's personal data.



## What parents need to know about PROTECTING PERSONAL DATA



### EVERY DETAIL IS KEY

Which info should you be wary of sharing online? Aside from the obvious, such as full names, date of birth and address, think of the type of information you're asked for when answering security questions for services such as online banking. The name of your first school, your mother's maiden name, the names of your pets, your favourite band. Data thieves will harvest as much of this information as possible, so don't make it easy for them by publishing it anywhere online.



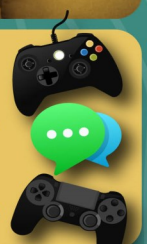
### SOCIAL MEDIA VISIBILITY

Social media sites, such as Facebook, encourage us to share sensitive information in order to build our online profiles. Many people are lulled into thinking that only their friends can see such information, but that's rarely the case. Such information can easily be shared with 'friends of friends' or even anyone searching for you online because privacy settings are opaque. Keep social media profiles to the bare minimum. If you wouldn't be comfortable hanging a sign with that information on your front door, don't enter it into social media sites.



### DANGEROUS GAMES

Online games are a particular risk for children. Many of the most popular games – such as Fortnite, Minecraft or Roblox – have voice or text chat facilities, allowing them to talk to fellow gamers. Or, sometimes, people pretending to be fellow gamers. It's very easy for children to be seduced into divulging personal data such as their address, birthday or school. It's critical parents both educate children on the dangers on online chat in games and take safeguards to protect children.



### IMPOSTERS AND PHISHING ATTACKS

Even if you're scrupulous about keeping your data private on social media, it's easy to be lulled into handing it over to imposters. There are two golden rules for you and your children to follow: 1. Never divulge personal information to phone callers, unless you can be absolutely certain you know who they are. 2. Never click on links or open attachments in emails or social media, unless you're 100% certain they are genuine. So-called phishing emails are growing ever-more sophisticated, with fraudsters able to replicate the exact look of bank emails and even include details such as account numbers and IDs.



### THE RISKS OF PASSWORD SHARING

Password sharing – using the same password for multiple sites – is one of the easiest ways to lose control of your personal data. Hacking of major websites, including usernames and passwords, is common. If you're using the same password for a hacked site as you do on your Gmail account, for example, you're handing data thieves an easy route into your inbox, where they will doubtless find all manner of sensitive information, such as bank emails and contacts. Your email account will often also let them reset the password on multiple other accounts. Don't share passwords; use password managers to create strong, unique passwords for every site.



## Safety Tips for Parents & Carers

### LOOK OUT FOR LEAKS

Many security software packages have features that look for personal data leaks or prevent people from entering it into risky sites in the first place. For example, Bullguard Premium monitors dangerous sites for usage of data such as your email address, debit card numbers, passport number and more, and then sends you email alerts and details of how to take remedial action if it spots them being used. Such software also issues warnings if it sees personal data being entered into unprotected, high-risk sites.



### KEEP DATA GUARDED

Don't give the thieves a head start by handing them pieces of sensitive information for free. For example, it's very common to see email address such as davesmith1976@gmail.com – an immediate clue that you were born in that year. If you have a less common name than Dave Smith, thieves could immediately start using that information to cross reference against public records or other database breaches, allowing them to start building a profile of information about you. Likewise, don't use your date of birth in a password. If that's hacked, you've handed the thieves another big clue.



### DON'T OVERSHARE ON SOCIAL MEDIA

The biggest threat to your child's privacy is you. Parents often overshare personal information on social media: full names, names of schools, children's birthdays, names of their friends. All of this can be easily gleaned to build profiles that could be used to groom your child in online games or in real life. Exercise extreme caution with social media posts concerning your children.



### BE WARY OF SHARED NETWORKS/SYSTEMS

Avoid entering any personal data into a web browser when you're using public Wi-Fi (in a coffee shop or airport, for example) or when using shared computers. Shared Wi-Fi connections are much easier to eavesdrop on than your home network, especially if they are not password protected or the password is shared freely with customers. Don't do online shopping, banking or enter any logins/passwords when using shared Wi-Fi. Likewise, if you're using a shared computer at work, for example, as it's very easy for a browser to save logins that could be used by others.



### PLAY SAFE IN ONLINE GAMES

Children must be taught to treat strangers in online games with the same caution as they would treat strangers in the street. Don't allow children to use their real name as their username in games to prevent imposters convincing kids into thinking they are real-life friends, and only allow them to add friends in the game that they know in real life. Regularly ask to monitor your child's friends list in such games and ask them to identify who the players are. With younger children in particular, ask them to only use voice chat in family rooms, so that you can hear conversations.



## Meet our expert

Barry Collins has been a technology journalist and editor for more than 20 years, working for titles such as *The Sunday Times*, *Which?*, *PC Pro* and *Computeractive*. He's appeared regularly as a technology pundit on television and radio, including on *BBC Newsnight*, *Radio 5 Live* and the *ITV News at Ten*. He has two children and has written regularly about internet safety issues over the years.



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) Twitter - @natonlinesafety Facebook - /NationalOnlineSafety Instagram - @nationalonlinesafety

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# EAGLE PARK SCHOOL NEWSLETTER



Eagle Park School Term and Holiday Dates  
Academic Year 2024-2025



September 2024							October 2024							November 2024							December 2024						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
						1		1	2	3	4	5	6						1	2	3						1
2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8
9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
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23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29
30																					30	31					

January 2025							February 2025							March 2025							April 2025						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
		1	2	3	4	5							1	2					1	2		1	2	3	4	5	6
6	7	8	9	10	11	12	3	4	5	6	7	8	9	3	4	5	6	7	8	9	7	8	9	10	11	12	13
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27	28	29	30	31			24	25	26	27	28			24	25	26	27	28	29	30	28	29	30				
														31													

May 2025							June 2025							July 2025							August 2025						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
			1	2	3	4							1		1	2	3	4	5	6					1	2	3
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26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30	31
							30																				

Autumn Term:	Starts: Monday 2 September 2024 Ends: Friday 20 December 2024 Half Term: Monday 28 October to Friday 1 November Christmas break starts Monday 23 December 2024 and ends Friday 3 January 2025	75 days	Public holidays during 2024 – 2025	
Spring Term:	Starts: Monday 6 January 2025 Half Term: Monday 17 February to Friday 21 February 2025 Ends: Friday 4 April 2025 Easter Break starts Monday 7 April and ends Monday 21 April 2025	60 days	Christmas day Boxing day New Years day Good Friday Easter Monday Early May bank Holiday Spring bank holiday Summer Bank holiday	Wednesday 25 December Thursday 26 December Wednesday 1 January Friday 18 March Monday 21 April Monday 5 May Monday 26 May Monday 25 August
Summer Term:	Starts: Tuesday 22 April 2025 Half Term: Monday 26 May to Friday 30 May 2025 Ends: Tuesday 22 July 2025 Summer Break starts Wednesday 23 July 2025	60 days 195 days		

= School day   
  = School holidays   
  = Staff inset day   
  = Bank holidays  
 = Weekends   
 Eagle Park allocates five non-pupil days.

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## Labelling items

Please ensure every item of your child's clothing - including gloves and hats - is labelled with their name. This ensures items can be returned to their owner and saves time when getting ready to go outside. We have some items of clothing that can never be returned to their rightful owner because they are not labelled.



## Reporting pupil absence



In line with our Attendance Policy, parents/carers must telephone the school (0203 8765076) or sent an email to [admin@eagleparkschool.co.uk](mailto:admin@eagleparkschool.co.uk) to inform us of the specific reason for their child's absence on each day of absence (unless the illness is prolonged, e.g. chicken pox). Symptoms must be provided; advising that children are 'sick' or 'unwell' does not give enough information. In accordance with Government recommendations, a pupil suffering from diarrhoea and/or vomiting must remain off school for 48 hours before returning. For example, if they are sent home from school on a Tuesday after being sick, they can return on Friday, provided there are no further episodes of vomiting on Wednesday or Thursday.



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## Updates to contact details

If you need to update your contact details, or the details of one of your emergency contacts, please email the school office

**admin@eagleparkschool.co.uk** with the new information as soon as possible.

## Contacting our school office

Our school office hours are 8:00am-3:45pm; by telephone (0203 876 5076), and by emailing **admin@eagleparkschool.co.uk**. All emails for staff are sent to this account; staff's personal email addresses must not be used. Emails are read throughout the school day; we aim to respond to non-urgent emails within five school days. If our office team are unable to answer your telephone call, please leave a message. Your call will be returned as soon as possible.

As a reminder any Safeguarding or urgent enquires you can email Admin on **admin@eagleparkschool.co.uk** or Telephone and leave a message on (0203 876 5076) out of school hours.

## Our School Aim

To give our pupils a purpose & equip them for their future.

To build positive relationships with all stakeholders.  
Celebrate success & achievement, no matter how big or small.

## Our School Vision

More than just a school, we are a community with a culture and ethos that embodies "togetherness". We work hand in hand to develop curious and confident children with an understanding of how to be socially, morally, spiritually and culturally aware

## Our school Values

Our 3E's promote self esteem and confidence

Effort - I will always do my best

Equality - I will always respect others

Empathy - I will try and understand how you feel