Sensory Pathway Long term planning 2025-2026

Robin	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	All About Me	Celebrations	Animals	Growing & Plants	Transport	Under the Sea
Texts	Brown Bear, Brown Bear, What Do You See? / From Head to Toe	Dear Santa / The Very Hungry Caterpillar (revisit)	Dear Zoo / Old MacDonald Had a Farm	Jack and the Beanstalk / The Tiny Seed	The Wheels on the Bus / Duck in the Truck	Commotion in the Ocean / The Rainbow Fish
Literacy/Phonics	Phase 1 phonics, environmental sounds, body parts vocab, name recognition, PECs, responding to question	Repeating key words, simple instructions, story sequencing with objects of reference, story songs	Animal sounds, matching pictures to real objects, story sounds, detailing	Sequencing planting steps, naming plant parts, sensory stories,	Vehicle sounds, symbol recognition, objects of reference, detailing	Ocean vocabulary, story props, sensory stories, responding to question, story songs
Numeracy	Counting songs (1–5), shape and colour sorting, one-to-one correspondence through sensory play.	Counting Christmas items, matching same/different.	Counting animals, sorting farm vs wild animals.	Measuring growth, counting leaves.	Counting wheels, sorting transport types.	Counting fish, colour sorting shells.
Science	Exploring body parts and senses (taste, touch, sight, smell, hearing).	Exploring light (fairy lights), cause and effect.	Exploring animal habitats and textures (fur, feathers).	Planting beans, exploring soil and water.	Exploring push/pull, rolling cars.	Floating and sinking, water play.
OT/Gross and Fine Motor Skills	Hand washing routine, threading, pushing/pulling, yoga stretches, balance activities.	Tearing paper, squeezing playdough, bilateral coordination activities.	Sensory walks, animal yoga poses, squeezing/scooping.	Digging, pouring, pinching seeds.	Driving toy cars, ramp activities, grasping handles.	Scooping, pouring, fine motor fishing games.

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Art	Handprint/footprint art, self-portraits using mirrors.	Christmas crafts, handprint trees, sensory glitter bottles.	Animal masks, textured collages.	Flower prints, leaf rubbings.	Tyre painting, shape printing.	Bubble wrap printing, ocean collages.
PSHE	Identifying emotions (happy, sad, mad), basic turn taking.	Exploring routines, kindness, class celebrations.	Caring for animals, gentle touch.	Responsibility—loo king after plants.	Road safety awareness (visuals, crossing).	Sharing (like Rainbow Fish), taking turns.
Food Technology	Making toast, fruit salad (exploring textures and smells).	Decorating biscuits, exploring ingredients.	Animal-shaped sandwiches, fruit animals.	Making salad, exploring herbs.	Traffic light toast (red, yellow, green spreads).	Blue jelly “ocean”, goldfish crackers.
Sensory Input and activities	Tactile trays, water play, weighted blankets, light room.	Lights and music corner, textured baubles, bells.	Sand tray, fur/fabric textures, sound buttons.	Soil trays, watering cans, smelling flowers.	Sound buttons (horn, train), fan (wind), motion toys.	Water trays, bubbles, sea sounds.
PE	Movement to music, obstacle course, parachute games.	Dance with scarves, rolling and catching soft balls.	Animal movements (hop like a rabbit, slither like a snake).	Garden-themed movement games.	Obstacle course as “journey”.	Swimming actions, parachute “waves”.