



# EAGLE PARK SCHOOL NEWSLETTER 43

Friday 18th October 2024

## Autumn Term 2024

Dear Parents, Carers and Students,

We are quickly approaching half term and looking back the students have settled in so well this term and have achieved so much. We are very proud of them all.

This week we celebrated Mental Health Week by thinking about the things that make us happy and sad and how we can make sure we stay calm and happy as much as possible. We had some amazing assemblies this Friday.

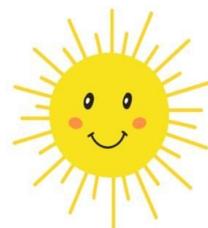
Also, this week Phoenix class was interviewed for their places on the Enterprise Project that they will run. Maria Takkou, our proprietor, came in to do the interviews and couldn't believe how well they performed. Well done, Phoenix. You are a group of talented young people.

We are now beginning to prepare for our end of term event. We will be celebrating this at the Gunnersbury Triangle in the morning of Friday 6th December. We hope that as many parents and carers will be able to join us so they can see the productions that the students are working hard on.

We wish you all a very happy weekend!

Margaret Carey

Headteacher.



All of us at Eagle Park wish you a very happy weekend!

Term start date:	Wednesday 4th September 2024
Term Ends:	Friday 20th December 2024
Half Term:	Monday 28th October to Friday 1st November 2024
Christmas Break starts:	Monday 23rd December 2024 - Friday 3rd January 2025

# Class News

## Crane Class



Winter



Term



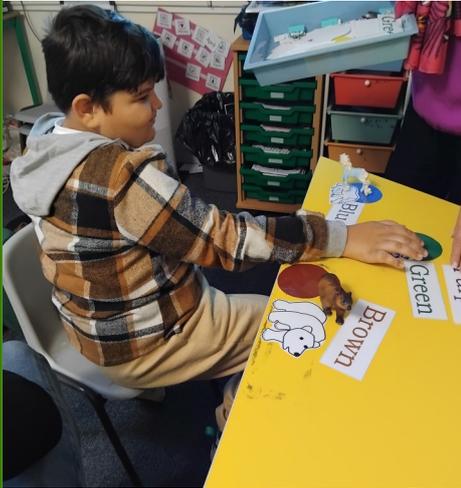
Crane



Class



Activities

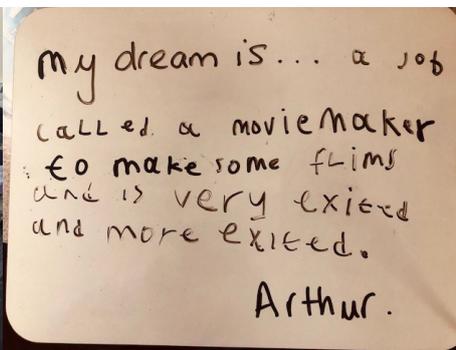


### Crane Class's Week

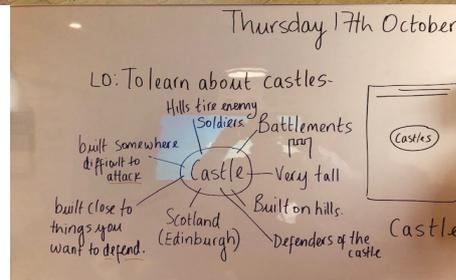
Another busy week for Crane Class! This week we've introduced OT onto our timetable and we've had fun playing balancing games and using our hands to manipulate and make shapes with Play-Doh. We've continued to celebrate Black History Month too and this week we learned about Rosa Parks. As always there's been plenty of music and songs and we listened to a song about feelings today, looking at what makes us happy, sad, nervous and even angry! Lots of the class sing along to our morning songs too and can list the days of the week and the months of the year! Looking at colours in English and doing a lot of counting in maths we're all exhausted and ready for the weekend. Another super week Cranes! Well done!

# Class News

## Robin Class



**Well done, Robin Class!**



This week, we ventured into the fascinating world of Medieval castles, exploring how they evolved from wooden structures into tall, formidable stone buildings. We loved uncovering the history behind these changes and understanding their significance over time.

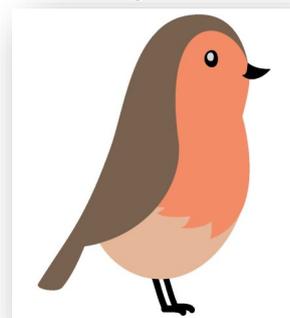
In maths, we continued our focus on subtraction with exchange, gradually mastering this vital skill step by step.

Our PE sessions have been bursting with energy! Using music through our Juice Box speakers, we enhanced our workouts, running between different areas—Beach, Boat, and Bridge—while sharpening our listening skills and coordination.

Creativity has been flourishing in Robin Class! As part of our Autumn 1 project, students designed their own hedgehog pencil holders, each crafted with a purpose. These unique creations have sparked both imagination and practicality!

We also encouraged teamwork and concentration through building with Lego, which has helped improve focus and attention.

Keep up the excellent work, Robin Class! Your enthusiasm and progress continue to inspire!



# Class News

## Dove Class



This week in Dove class, we have been focusing on mindfulness, supported by our music sessions where everyone interacted with instruments and songs alongside our music teacher. Additionally, we have been practising giving instructions and working cooperatively to achieve our goals in the SALT sessions. The students are improving their communication skills and are increasingly able to express themselves in longer sentences. We are also working on expanding our vocabulary using word banks and examining written words in isolation. In our OT sessions, we are becoming more independent in dressing skills, such as zipping, buttoning, belting, and snapping, as we work towards mastering tying our shoelaces.

# Class News

## Goldfinch Class



This week, we observed Mental Health Awareness Week. We discussed different emotions and how to express them. The students shared how they feel in various situations and learned about the importance of talking about emotions. We engaged in creative activities, such as art to express our emotions visually. We used colourful autumn leaves to create beautiful wreaths. In Science, we explored everything about pumpkins! Goldfinch learned about their life cycle, different varieties, and how pumpkins grow. In Maths, we focused on solving simple word problems involving addition and subtraction. The students practiced identifying key information in the problems and applying their Maths skills to find the answers. And for food tech we made a delicious air fryer banana split! They learned about healthy cooking methods and enjoyed making their own treats. PE and Music are also always a wonderful time in our class. Well done Goldfinch!



# Class News

## Phoenix Class



This week was an important week for our enterprise project. The students had their interviews on Tuesday which they had prepared for over the last few weeks with Ms Kaho. Everyone did a fantastic job and we are now moving on to the design stage of the project.

In English we have been planning spooky short stories that have a funny twist at the end. We are challenging ourselves to keep them as close to 500 words as possible and hope to publish a short book with them in.

# EAGLE PARK SCHOOL NEWSLETTER



Students are nominated weekly for a class award.

**This week's EPS Eagle  
Class Award goes to:**



**Crane:** Hafsa

“For singing some lovely songs!”

**Robin:** Hugo

“for sitting down and working on his Lego city, quietly and focused.”

**Dove:** Anas

“For improving his communication skills verbally and within sessions.”

**Goldfinch:** Samrat

“For doing all his tasks and participating in all whole group activities.”

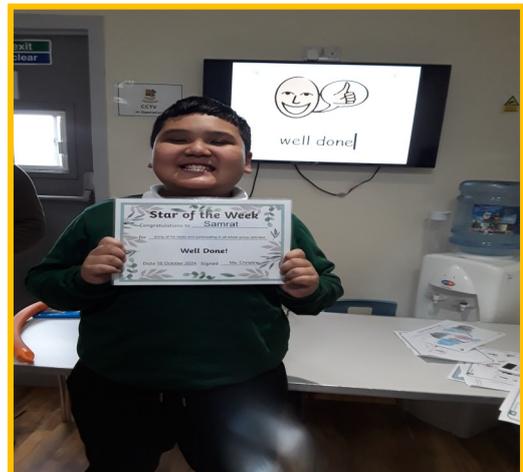
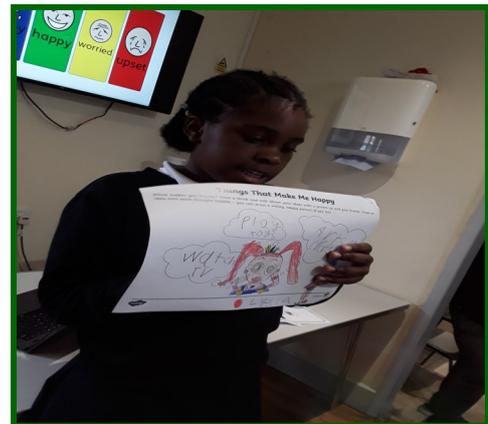
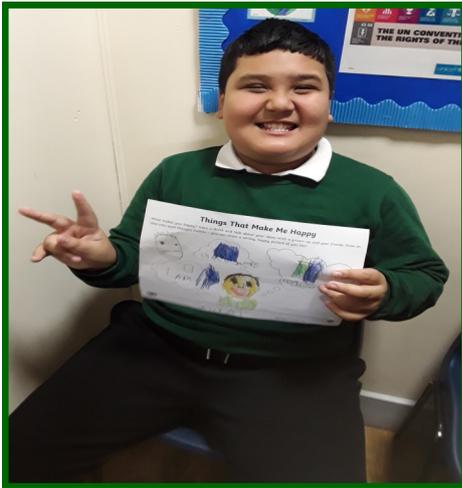
**Phoenix:** Phoenix class

“ For their effort in preparing for their enterprise interviews. Well done!”



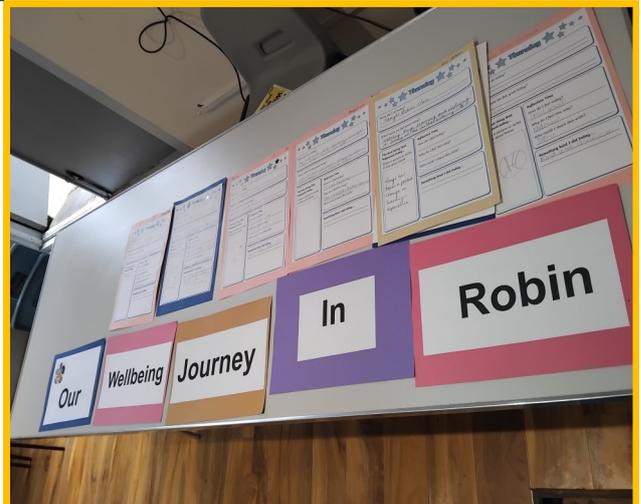
# EAGLE PARK SCHOOL NEWSLETTER

## EPS Assembly



# EAGLE PARK SCHOOL NEWSLETTER

## EPS Assembly



# EAGLE PARK SCHOOL NEWSLETTER

## BLACK HISTORY MONTH

This year for Black History Month, we are studying contributions of a few individuals of Black heritage in all different fields.

### Dame Elizabeth Nueka Anionwu



Dame Elizabeth Nueka Anionwu (born in 1947) was inspired to become a nurse at the young age of four because, whilst she was in care, a 'wonderful nursing nun' treated her childhood eczema in an expert and sensitive manner. She started to work for the NHS as a school nurse assistant in Wolverhampton at the age of sixteen. In 1979, she helped to establish, in Brent, the first nurse-led UK Sickle and Thalassaemia Screening and Counselling Centre. Elizabeth was awarded a CBE in 2001, the Order of Merit in 2022, and a DBE in the 2017 Queen's New Year's Honours List for her services to nursing and the Mary Seacole Statue Appeal. As part of the celebrations for the 70th Anniversary of the National Health Service in July 2018, Elizabeth was included in the list of the 70 most influential nurses and midwives in the history of the NHS.



### Maya Angelou

Maya Angelou was an American memoirist, poet, and civil rights activist. She published seven autobiographies, three books of essays, several books of poetry, and is credited with a list of plays, movies, and television shows spanning over 50 years. She received dozens of awards and more than 50 honorary degrees. On April 4, 1928, Marguerite Ann Johnson, known to the world as Maya Angelou, was born in St. Louis, Missouri. Angelou joined the Harlem Writers Guild in the late 1950s and met James Baldwin and other important writers. It was during this time that Angelou had the opportunity to hear Dr. Martin Luther King speak. Inspired by his message, she decided to become a part of the struggle for civil rights. She was offered a position as the northern coordinator for Dr. King's SCLC. Following her work for Dr. King, Angelou moved to Cairo with her son, and, in 1962, to Ghana in West Africa. She worked as a freelance writer and was a feature editor at the *African Review*.

### Stephen Wiltshire



Stephen aka the "Human camera" is an amazing British architectural artist who draws and paints incredibly detailed and beautiful largescale cityscapes, skylines and street scenes from memory after seeing it just once. Wiltshire was non-verbal during his early childhood and became fully verbal by age nine. He was diagnosed as being autistic when he was three. At age four, he started to attend a special school for autistic children called Queens mill School in Shepherd's Bush. He had special interest in artwork, which his teachers encouraged with his early work focusing on cars and post-earthquake cityscapes. In February, 1987, Stephen, then 13-years-old, caught the public imagination, when he appeared on a BBC programme about autistic savants. On the show drew before the camera an accurate image of St. Pancras station, which he had visited first time just few hours before. Following the programme, the BBC received many telephone calls and Inquiries about Stephen and his artistic talents. Ultimately, an entire volume of his works entitled Drawings was published in 1987 and he has since established himself as a highly respected and sought-after professional artist.

# EAGLE PARK SCHOOL NEWSLETTER

## Labelling items



Please ensure every item of your child's clothing - including gloves and hats - is labelled with their name. This ensures items can be returned to their owner and saves time when getting ready to go outside.

## Reporting pupil absence



In line with our Attendance Policy, parents/carers must telephone the school (0203 8765076) or sent an email to [admin@eagleparkschool.co.uk](mailto:admin@eagleparkschool.co.uk) to inform us of the specific reason for their child's absence on each day of absence

(unless the illness is prolonged, e.g. chicken pox). Symptoms must be provided; advising that children are 'sick' or 'unwell' does not give enough information. In accordance with Government recommendations, a pupil suffering from diarrhoea and/or vomiting must remain off school for 48 hours before returning. For example, if they are sent home from school on a Tuesday after being sick, they can return on Friday, provided there are no further episodes of vomiting on Wednesday or Thursday.

# EAGLE PARK SCHOOL NEWSLETTER

## Useful Parent and Carers information advice

Ealing Online Parent Workshop Tuesday 22nd October, Ealing Parenting Services are offering an online parenting workshop this Tuesday 22nd October between 10am and 12pm on MS Teams, to provide an overview of support and services offered by Ealing Council for families of children with additional needs as well as to answer any questions. To register or to get further information email [parentingserviceadmin@ealing.gov.uk](mailto:parentingserviceadmin@ealing.gov.uk).

**FREE**  
online parenting workshop



**Ealing Local Offer**

For 0-25 year olds with special educational needs or a disability  
[www.ealinglocaloffer.org.uk](http://www.ealinglocaloffer.org.uk)

### **EALING LOCAL OFFER: SUPPORT FOR FAMILIES OF CHILDREN WITH ADDITIONAL NEEDS**

Join us for an overview of support and services available in Ealing which support children with additional needs and their families, including a walkthrough on the Local Offer website, and a chance to ask any questions you may have



Delivered by Rizwan Pinjara  
- SEND Officer  
Family Information Service

Tuesday 22nd  
October 2024  
10am-12pm  
via MS Teams

email [parentingserviceadmin@ealing.gov.uk](mailto:parentingserviceadmin@ealing.gov.uk) to register or for more info



**SUPPORTIVE  
ACTION FOR  
FAMILIES IN  
EALING**



**EALING  
PARENTING  
SERVICE**

# EAGLE PARK SCHOOL NEWSLETTER

## Useful Parent and Carers information advice

Roll-up for Ealing's Christmas Panto!

Ealing Mencap are putting on a relaxed performance of Jack and The Beanstalk at Questors Theatre on the 15th December.

Although Christmas might seem ages away, pantomimes tend to get sold out quickly so check out the website for more details and to book your tickets: [www.ealingmencap.org.uk](http://www.ealingmencap.org.uk).

Join Us for the SEND Family Christmas Panto at Questors Theatre!

Sunday, 15th December 2024  
12:30 PM

**Jack and the Beanstalk**

Relaxed performance for families with children and young people with Learning Disabilities and Additional Needs.

**Free ENTRY for SEND families**

Location: Questors Theatre, Mattock Lane, W5 5BQ

- **Booking Info:**  
The form below is for registering your interest only; it does not guarantee a space.
- **Ticket Availability:**  
Due to high demand and limited free tickets, not everyone may receive a ticket.
- **Confirmation:**  
If selected, you'll receive a confirmation email within the next two weeks.

[Click here to register your interest.](#)

**Connect Ealing**

[www.ealingmencap.org.uk](http://www.ealingmencap.org.uk)

# EAGLE PARK SCHOOL NEWSLETTER

## Therapy page



### OCCUPATIONAL THERAPY

#### Sensory Over- responsivity

Sensory sensitivity, refers to an heightened response to sensory stimuli. Individuals who are over-sensitive may find certain sounds, lights, textures, or smells overwhelming or distressing. This can lead to discomfort, anxiety, or even meltdowns in response to stimuli that others may find tolerable or even enjoyable.

#### Hyper-Sensitive Activities

1. Sensory Bottles: Calm observation of glitter or beads in water.
2. Quiet Space with Soft Textures: A cozy corner with blankets and soft items.
3. Gentle Art Projects: Using cotton balls or feathers for crafting
4. Nature Walks: Quiet exploration of nature.
5. Bubble Play: Blowing and watching bubbles.
6. Weighted Blankets or Lap Pads: Providing comfort during quiet activities.
7. Calming Music or Nature Sounds: Soft background sounds for relaxation.
8. Mindful Breathing Exercises: Deep breathing techniques for calming.

#### Understanding questions: using stories

*Reading is a great way to develop your child's language skills. This includes developing their understanding of different kinds of questions. Support your child to understand and answer questions by reading together at home!*

#### Top tips on asking questions when reading:

- Start off by asking questions related to **what they can see in pictures** (e.g., What is this? Who is this? What are they doing? Where are they?)
- If your child struggles to answer the questions, **model the answer** to them by **describing what you can see** - e.g., "Oh! I can see a boy here (pointing). The boy is fishing!".
- See if your child can also answer questions that require inferencing skills (when, why, how) questions. Consider **relating it back to real life experiences** - e.g., "The boy is crying because he fell down and hurt himself. Remember when you fell down yesterday and you cried? How did you feel?".



### SPEECH & LANGUAGE THERAPY

# EAGLE PARK SCHOOL NEWSLETTER



Eagle Park School Term and Holiday Dates  
Academic Year 2024-2025



September 2024							October 2024							November 2024							December 2024								
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S		
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January 2025							February 2025							March 2025							April 2025								
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May 2025							June 2025							July 2025							August 2025								
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26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30	31		
							30																						

Autumn Term:	Starts: Monday 2 September 2024 Ends: Friday 20 December 2024 Half Term: Monday 28 October to Friday 1 November Christmas break starts Monday 23 December 2024 and ends Friday 3 January 2025	75 days	Public holidays during 2024 – 2025
Spring Term:	Starts: Monday 6 January 2025 Half Term: Monday 17 February to Friday 21 February 2025 Ends: Friday 4 April 2025 Easter Break starts Monday 7 April and ends Monday 21 April 2025	60 days	Christmas day Boxing day New Years day Good Friday Easter Monday Early May bank Holiday Spring bank holiday Summer Bank holiday
Summer Term:	Starts: Tuesday 22 April 2025 Half Term: Monday 26 May to Friday 30 May 2025 Ends: Tuesday 22 July 2025 Summer Break starts Wednesday 23 July 2025	60 days	Wednesday 25 December Thursday 26 December Wednesday 1 January Friday 18 March Monday 21 April Monday 5 May Monday 26 May Monday 25 August

= School day    
  = School holidays    
  = Staff inset day    
  = Bank holidays  
 = Weekends    
 Eagle Park allocates five non-pupil days.