



EAGLE PARK SCHOOL NEWSLETTER 39

Friday 20th September 2024

Autumn Term 2024

Dear Parents, Carers and Students,

Today we raised money for Jeans for Genes and our students have been finding out what the organisation does. We'd like to thank all of you for taking part in this important day by sending your children to school dressed in jeans and making donations to this cause.

Phoenix class have organised the voting for Student Council and this will go ahead next week. They prepared an amazing video to announce the polls and tell the students how to vote. We are so proud of our budding journalists.

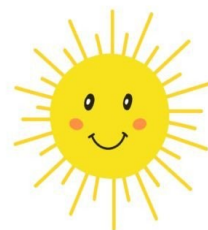
Today, we will be sending out information on curriculum for this term for each class. Please do not hesitate to contact us if you have any questions. Our coffee mornings are starting soon. The dates were published in last week's newsletter and are in this one too. We also send out texts to remind you.

The weather is getting colder now, so please remember to send children to school with sweaters, cardigans, jackets and coats.

We all wish you a very happy weekend!

Margaret Carey

Headteacher.



Term start date:	Wednesday 4th September 2024
Term Ends:	Friday 20th December 2024
Half Term:	Monday 28th October to Friday 1st November 2024
Christmas Break starts:	Monday 23rd December 2024 - Friday 3rd January 2025

Class News

Crane Class



Summer



Term



Crane



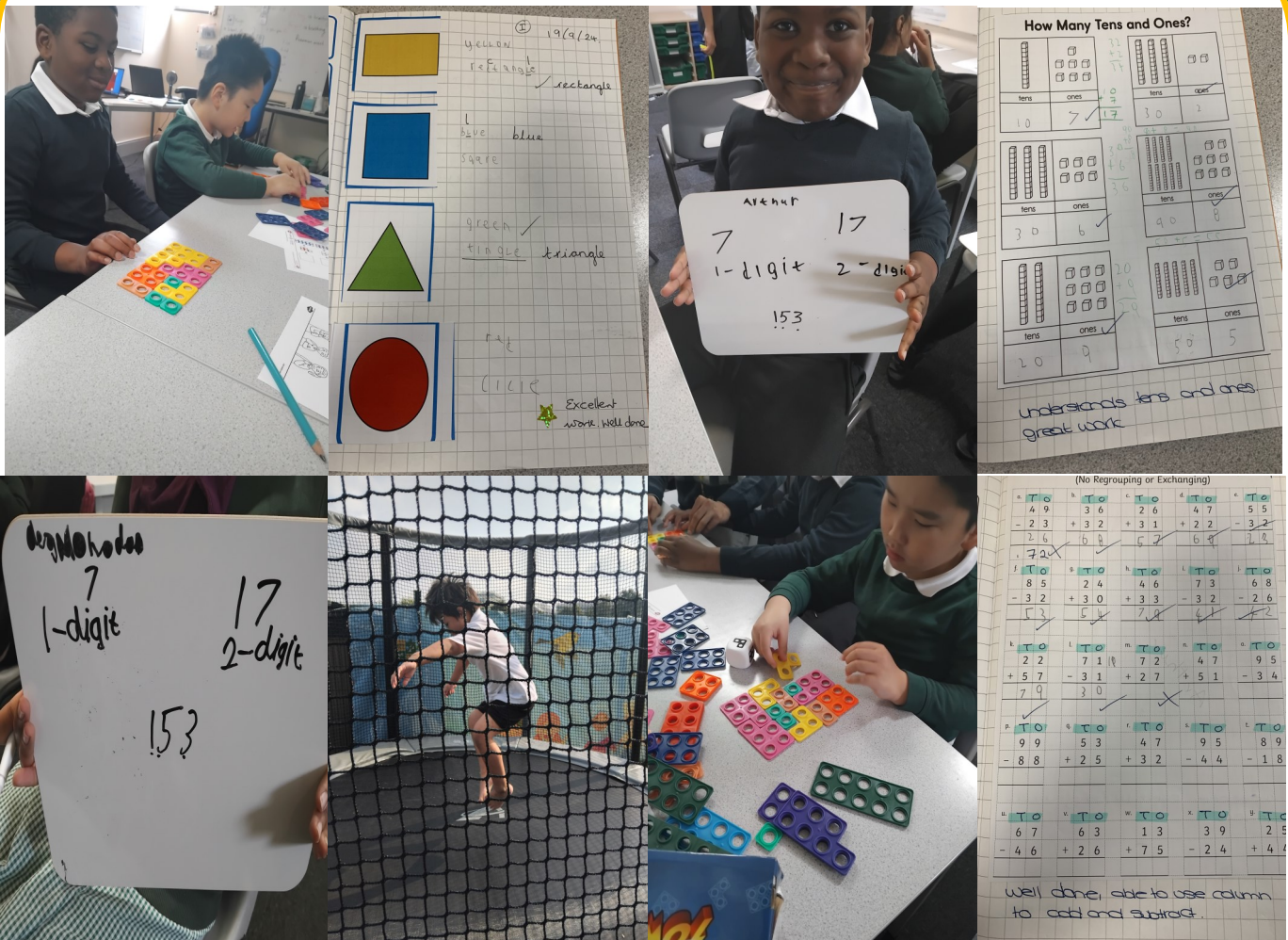
Class



This has been another busy week for Crane class. It was great to see some of them wearing their jeans for Jeans for Genes Day! In English we have been working on matching pictures to objects looking at the animals from Brown Bear, Brown Bear. We have been working on recognising numbers and counting objects and matching them to printed numbers in maths. In gardening we planted some cress seeds and we will be seeing if they have sprouted next week. Hopefully we will be able to make some cress sandwiches in a few weeks. In Food Tech we made fridge cake and all got very messy and sticky with all the ingredients! We've done so many things that there isn't room to mention it all here, but we've all had great fun!

Class News

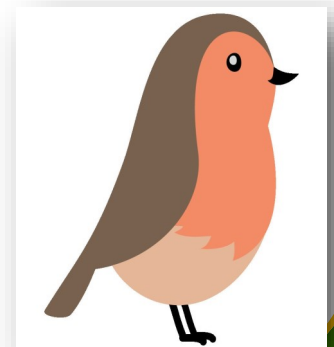
Robin Class



Well Done, Robin Class!

A big congratulations to Robin Class for your hard work this week! In Maths, we explored Numicon, and many of you solved the challenges quickly—well done! The interactive work on the large whiteboards was a great success, with everyone staying focused, even on the tricky parts.

In Phonics, we practiced writing our alphabet letters using online resources like the Circles and Lines video, which made learning both engaging and fun. Keep up the amazing effort, Robin Class!



Class News

Dove Class



In art, we have been looking at artists who use the environment to create their art. We have focused on using leaves and trees from the autumn environment to create artwork. In maths, we have emphasised using numbers to perform practical tasks for adulthood, such as using our counting skills to follow recipes and communicate about ingredients, as well as determining quantities needed. We have been using our OT skills for independent work such as buttoning and zipping.

Class News

Goldfinch Class



What a productive week for Goldfinch!

In Literacy, we focused on learning about Nouns.

Nouns are everywhere and form the foundation of how we communicate and describe the world! We labelled and sorted our environment in to sections. In Humanities, we studied where we live and learned about London. We identified the Landmarks through games and also used visual clues to differentiate between buildings that looked similar.

For Food tech our delicious fruit parfait was a hit!



Class News

Phoenix Class



This week we continued to look at balanced diets in Food Technology, exploring the fruit and vegetables section of the Eatwell guide. We made a lovely fresh raw salad and a light roasted vegetable salad too. We also tried some new flavours including cooked beetroot and courgette - the beetroot was particularly popular!

Today, Phoenix delivered an assembly to Robin class explaining what Jeans for Genes day is and why we are supporting the charity.

We also launched School Council for the new academic year with a short video for the other classes to explain the voting process for selecting new School Council representatives.

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Students are nominated weekly for a
class award.

**This week's EPS Eagle
Class Award goes to:**



Crane: Kevin

“For leading our morning routine.”

Robin: Arthur

“For his continued resilience in his numicon maths.”

Dove: Anas

“for trying all the work presented to him.”

Goldfinch: Iman

“For following directions and doing all her class
work.”

Phoenix: Lilly-Mai

“For her excellent focus and effort in English and
Maths this week - Well done, Lilly!”



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EPS students celebrated Jeans for Genes day. We all made a donation towards a good cause .



Even on Jeans for Genes day our EPS Staff are doing Makaton Training.



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You are invited to have coffee and refreshments and meet your child's teacher!

Start time: 9.30am

Finish Time: 10.30am

☕ Monday 23rd September - Robin Class

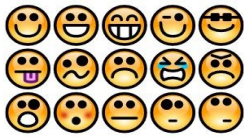
☕ Tuesday 24th September - Crane Class

☕ Wednesday 25th September - Dove Class

☕ Thursday 26th September - Phoenix Class

☕ Friday 27th September - Goldfinch Class

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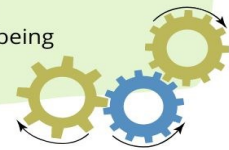


OCCUPATIONAL THERAPY

Emotional regulation

Emotional regulation is the ability to **manage and respond to your emotions** in a healthy and constructive way. It involves **recognizing your feelings, understanding what triggers them, and controlling how you express them**, especially in stressful or challenging situations. Effective emotional regulation allows you to stay calm, make thoughtful decisions, and maintain balance in your behaviour, rather than being overwhelmed by your emotions or reacting impulsively. Here are some examples:

- Deep breathing exercises
- Taking a break or timeout
- Engaging in physical activity (e.g., walking, stretching)
- Practicing self-compassion or positive self-talk
- Seeking social support from friends or family
- Setting boundaries to protect emotional well-being



Attention and listening

Attention and listening skills are important in the development of a child's language, speech sound and literacy skills.

Consider the following strategies to extend your child's skills:

- **Call your child's name** and wait for them to show their full attention before giving information/instructions.
- **Reduce background noise** and **visual distractions** in the environment, to help your child focus on what you are saying/doing.
- **Use visual prompts** to help your child understand how long he/she needs to maintain their attention before they have a break, get a reward or move on to another activity. Use **visual timetables, now-next boards and/or timers** (sand timers, phone timers).



SPEECH & LANGUAGE THERAPY